



Type Dimensions Profiler

A report for:

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Introduction

This report is confidential and is produced on behalf of Hannah Wood who completed the Type Dimensions Profiler© (TDP©) on 31/08/2023.

The TDP© asks individuals to describe their typical behaviour and preferences (by selecting statements that apply to them) in relation to Carl Jung's theory of Psychological Type. This report has summarised those responses and interpreted the output into Jung's framework.

Preferences

The TDP© assesses your **preferences** on four dimensions.

To get a better idea of a 'preference' please sign your name in the space below.

Now, sign your name with the opposite hand three times below.

Just like we are born left or right-handed, Jung believed we are also born with personality preferences. So, using your non-preferred hand should have felt more difficult, required some deliberate effort and attention. Whereas your preferred hand should have felt natural and took less effort. While you might be able to train yourself to use either hand to sign your name, the innate difference in confidence and output is often clear, with one feeling much more natural than the other. For this reason, we can say that you have a 'preference' for one hand over another.

In the same way, for each of the four dichotomies tested in the TDP© questionnaire, you will prefer one side of the dimension over the other. You can use both sides in different situations and over time, learn to be better at your non-preferred side, but you will always have a natural inclination to your preferred side. When using this preferred side, you will likely feel more confident and engaged.

The Four Dimensions

The TDP© sorts you into one of two categories across four distinct dimensions. Look at the following tables and see which side you fit on for each:

Es & Is (Extraversion and Introversion):

This dimension is about where you focus and get your energy from.

Extraversion (Es):	Introversion (Is):
<p>A preference for being active and engaged. Energy and attention are focused externally on the world around you, which involves people and activities.</p> <ul style="list-style-type: none">- Outgoing, energetic, and socially adept.- Thrive in group settings, initiating conversations and engaging others.- Energised by social interactions, they enjoy collaborating and brainstorming ideas.- Quick to build relationships, they create a lively and enthusiastic atmosphere within the team.	<p>A preference for being calm and reflective. Energy and attention are focused internally on your thoughts and ideas, which involves time to think.</p> <ul style="list-style-type: none">- Reflective, focused, and attentive listeners.- Valued for their deep thinking and introspective nature, they provide thoughtful insights.- Excel at individual tasks, offering detailed analysis and concentrated effort.- Provide a calm and contemplative presence, fostering a sense of stability within the team.

Which description most closely reflects you?

Ss & Ns (Sensing and Intuition):

This dimension is about the type of information you pay attention to and trust more.

Sensing (Ss):	Intuition (Ns):
<p>A preference for concentrating on facts and concrete information or data. Focus is directed towards the 'here and now' and what can be practically achieved.</p> <ul style="list-style-type: none">- Practical, detail-oriented, and grounded.- Meticulous in gathering and analysing data, they ensure accuracy and precision.- Excellent at implementing plans and following established procedures.- Bring a practical perspective to problem-solving, considering the tangible aspects of a situation.	<p>A preference for concentrating on ideas and making associations between information. Focus is directed towards 'what might be' and future possibilities.</p> <ul style="list-style-type: none">- Innovative, visionary, and future-oriented.- Generate creative ideas and think beyond the immediate circumstances.- Skilled at recognising patterns and connecting seemingly unrelated information.- Offer strategic insights, envisioning long-term possibilities and potential opportunities.

Which description most closely reflects you?

Ts & Fs (Thinking and Feeling):

This dimension is about how we make decisions and communicate our feelings.

Thinking (Ts):	Feeling (Fs):
<p>A preference for making objective decision based on logic. Focused on tasks and using principles to guide decision making.</p> <ul style="list-style-type: none">- Logical, objective, and rational decision-makers.- Analyse situations objectively, basing decisions on logical reasoning.- Excel at critical thinking, problem-solving, and evaluating different options.- Provide objective feedback and maintain a focus on efficiency and effectiveness.	<p>A preference for making values-based decisions. Focused on relationships and using empathy to guide decision making.</p> <ul style="list-style-type: none">- Empathetic, considerate, and value harmony.- Show sensitivity towards others' emotions, fostering a supportive team environment.- Skilled at understanding interpersonal dynamics and resolving conflicts diplomatically.- Value the human aspect of decision-making, prioritising the impact on individuals.

Which description most closely reflects you?

Js & Ps (Judging and Perceiving):

This dimension is about the lifestyle we live and how we get things done.

Judging (Js):	Perceiving (Ps):
<p>A preference for living a planned and organised lifestyle. Focused on reaching closure and creating a structure to operate within.</p> <ul style="list-style-type: none">- Logical, objective, and rational decision-makers.- Embrace new ideas and changes, by organising, acting decisively and planning.- Excel at managing deadlines and ensuring tasks are completed on time.- Offer stability and direction, keeping the team focused and on track towards goals.	<p>A preference for living a spontaneous and adaptable lifestyle. Focused on exploring options and creating space and freedom to operate flexibly.</p> <ul style="list-style-type: none">- Flexible, adaptable, and open-minded.- Embrace new ideas and changes, exploring different possibilities and options.- Agile problem solvers who can quickly adjust strategies based on evolving circumstances.- Bring spontaneity and creativity to the team, often thinking outside the box.

Which description mostly closely reflects you?

By understanding and appreciating our preferences, we can better leverage the natural leadership strengths of each preference to enhance our performance and enrich our lives.

The Sixteen TDP© Types

The four dimensions combine together to form one of sixteen different types. Which of these types sound the most like you?

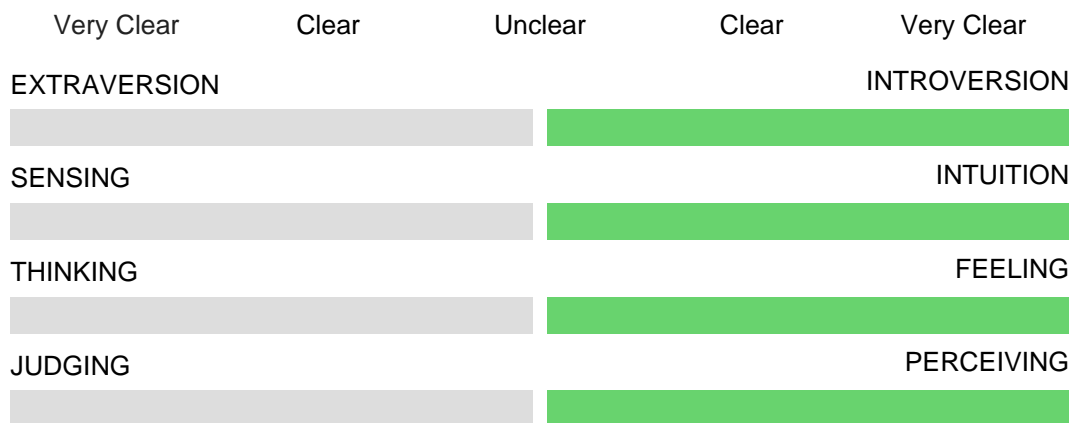
<p>ISTJs are dependable and responsible individuals who excel at organising and implementing plans with thoroughness and precision. They have a strong work ethic and are highly reliable, making them valuable contributors to any team or project. ISTJs' dedication to maintaining stability and order in their lives and work ensures efficiency and success.</p>	<p>ISFJs are warm, caring, and conscientious individuals who possess a natural ability to understand and support the emotional needs of others. They are dedicated to creating harmony and ensuring everyone's well-being, making them dependable and loyal friends, partners, and teammates. ISFJs' compassion and attention to detail enable them to create nurturing environments where people feel understood and valued.</p>	<p>INFJs are insightful, empathetic, and idealistic individuals who possess a deep understanding of human emotions and motivations. They are committed to making a positive difference in the world and are often seen as advocates for justice and compassion. INFJs' ability to see the big picture and connect with others on a profound level allows them to inspire and guide others toward personal growth and social change.</p>	<p>INTJs tackle conflicts analytically, focusing on strategic thinking and efficient problem-solving. They value objective evaluation and long-term solutions. Expressing emotions may pose a challenge, but INTJs approach conflicts as opportunities for improvement and progress, aiming to find logical resolutions that meet their standards.</p>
<p>ISTPs are adventurous, adaptable, and resourceful individuals who thrive in dynamic and hands-on environments. They have a natural talent for troubleshooting and are often seen as practical problem solvers, making them valuable assets in crisis situations. ISTPs' ability to stay calm under pressure and think quickly on their feet allows them to find creative and efficient solutions to challenges.</p>	<p>ISFPs are gentle, artistic, and compassionate individuals who deeply appreciate beauty and the experiences life has to offer. They have a keen eye for aesthetics and use their creativity to bring joy and harmony into the world. ISFPs' ability to connect with their emotions and express themselves through various art forms allows them to create meaningful and inspiring works that touch the hearts of others.</p>	<p>INFPs are imaginative, compassionate, and deeply reflective individuals who possess a strong sense of personal values and ethics. They are driven by a desire to make a positive impact and are often drawn to creative pursuits and helping others. INFPs' ability to empathise with others' experiences and express themselves authentically allows them to bring forth profound insights and inspire others to embrace their true selves.</p>	<p>INTPs are curious, logical, and independent thinkers who are skilled at analysing complex problems and generating innovative solutions. They thrive on intellectual challenges and are constantly seeking to expand their knowledge and understanding of the world. INTPs' analytical mindset and ability to see patterns and possibilities enable them to make significant contributions to fields that require deep thinking and creative problem-solving.</p>
<p>ESTPs are energetic, spontaneous, and action-oriented individuals who enjoy living in the moment and exploring new experiences. They have a natural charisma and are often seen as natural leaders who can motivate and inspire others. ESTPs' ability to adapt quickly and think on their feet allows them to navigate dynamic environments with ease and seize opportunities that others might overlook.</p>	<p>ESFPs are vivacious, enthusiastic, and outgoing individuals who bring a contagious energy to any social setting. They have a natural talent for connecting with others and are often admired for their ability to create a lively and inclusive atmosphere. ESFPs' genuine warmth and empathy enable them to uplift and support those around them, fostering strong relationships and creating joyful experiences.</p>	<p>ENFPs are enthusiastic, compassionate, and highly creative individuals who possess a zest for life and a natural curiosity. They are skilled at inspiring others and are often drawn to careers that allow them to express their ideas and values. ENFPs' ability to think outside the box and connect with people's emotions enables them to bring fresh perspectives and ignite positive change in both personal and professional realms.</p>	<p>ENTPs are charismatic, quick-witted, and intellectually curious individuals who thrive on exploring new possibilities and generating innovative ideas. They are often seen as natural visionaries and enjoy engaging in stimulating debates and discussions. ENTPs' ability to think critically and challenge conventional wisdom allows them to break barriers and pave the way for transformative advancements in various fields.</p>
<p>ESTJs are practical, organised, and dependable individuals who excel at managing and coordinating tasks efficiently. They have a natural talent for leadership and are highly skilled at implementing plans and ensuring things are done effectively. ESTJs' ability to provide structure and guidance creates a sense of stability and accomplishment, making them reliable pillars of support in both professional and personal settings.</p>	<p>ESFJs are warm, nurturing, and sociable individuals who value harmony and cooperation in their relationships and environments. They are natural caregivers and are often appreciated for their ability to create a supportive and inclusive community. ESFJs' genuine concern for others' well-being and their ability to foster meaningful connections make them invaluable friends, family members, and colleagues.</p>	<p>ENFJs are charismatic, empathetic, and persuasive individuals who possess natural leadership qualities and a genuine concern for the well-being of others. They are often drawn to roles that allow them to inspire and guide others toward positive change. ENFJs' ability to connect with people on an emotional level and their passion for making a difference enable them to create transformative experiences and build strong, supportive communities.</p>	<p>ENTJs are confident, assertive, and strategic individuals who are skilled at organising and leading others toward achieving ambitious goals. They possess a natural talent for long-term planning and are often seen as influential and visionary leaders. ENTJs' ability to inspire and motivate others, combined with their strategic thinking and determination, enables them to drive success and bring about impactful changes in their endeavours.</p>

Summary Profile

Your responses on the Type Development questionnaire indicate you are INFP. A short description of the 4 Dichotomies are presented below.

THE WAY YOU DIRECT AND RECEIVE ENERGY		
<p>EXTRAVERSION</p> <p>People with a preference for Extraversion tend to like group activities and get energised by social interaction. They can be enthusiastic, energetic, and easily excited.</p>	e	<p>INTROVERSION</p> <p>People with a preference for Introversion tend to enjoy independent activities and time to think. They value close relationships and present as thoughtful.</p>
THE WAY YOU PROCESS INFORMATION & WHAT YOU PAY ATTENTION TO		
<p>SENSING</p> <p>People with a preference for Sensing tend to be observant and practical and down-to-earth. They live in the moment and focus on what is happening or has already happened.</p>	s	<p>INTUITION</p> <p>People with a preference for Intuition tend to be imaginative, open-minded, and curious. They enjoy novelty over stability and focus on hidden meanings and future possibilities.</p>
THE WAY YOU MAKE DECISIONS & COMMUNICATE EMOTIONS		
<p>THINKING</p> <p>People with a preference for Thinking tend to be objective and logical. They are competitive and value efficiency, so look for quick ways to get things done.</p>	t	<p>FEELING</p> <p>People with a preference for Feeling tend to be empathic and led by their values. They promote harmony and cooperation.</p>
THE WAY YOU APPROACH LIFE/WORK & ACHIEVE OUTCOMES		
<p>JUDGING</p> <p>People with a preference for Judging tend to be decisive and organised. They value clarity, predictability and closure, preferring structure and planning.</p>	j	<p>PERCEIVING</p> <p>People with a preference for Perceiving tend to keep their options open and put off making decisions until needed. They are flexible and often to do their best work under pressure.</p>

The preference scores at the bottom of the page indicates how clearly you have selected one preference over its opposite. A long bar indicates consistent responses for a preference, and therefore greater clarity.



INFP (GREEN)

Summary

Reflective, introspective, and idealistic, INFPs possess a deep inner world filled with values and dreams. They are guided by their principles and strive for personal authenticity. INFPs have a natural affinity for understanding human emotions and motivations. They aspire to create harmony in the world, driven by a genuine desire to help and inspire through their insights and imagination.

Relating to Others

INFPs are gentle and understanding individuals who connect with others on an emotional level. They genuinely listen, providing a safe space for sharing feelings and dreams. While they may be reserved initially, their authenticity and depth become evident in closer relationships. INFPs deeply value personal connections and enjoy sharing insights and ideals with trusted friends.

Key behaviours:

- Soft-spoken and understanding, they create deep emotional bonds
- Attuned to feelings, they resonate with others' emotions and aspirations
- Value intimate conversations and profound connections
- Driven by values and ideals, they inspire those around them with their vision
- While deeply introspective, they can benefit from externalising and sharing their insights

Building Understanding

INFPs delve into the nuances of human experience and seek a deeper understanding of life's mysteries. They possess a unique ability to introspect and reflect on profound topics, which often leads them to develop rich inner philosophies. Authenticity is paramount to them, and they are guided by a strong sense of personal ethics. The world of art, literature, and metaphysics often captivates INFPs, providing them a platform to express and explore their profound thoughts.

Key behaviours:

- Introspective and reflective, they ponder life's deeper meanings
- Artistic and expressive, they convey their feelings through various creative outlets
- Guided by personal ethics and values
- Drawn to the abstract and metaphysical, they weave intricate inner narratives
- While deeply passionate about their beliefs, they can grow by being open to diverse perspectives

Achieving Outcomes

INFPs are driven by a desire to realise their ideals and make the world a more compassionate place. While their approach may seem gentle, their dedication to their principles is unwavering. They work best in environments where they can align their tasks with their values. Adaptability is a strength, and they often find creative solutions that resonate with their personal beliefs.

Key behaviours:

- Values-centric, they align actions with personal beliefs
- Inspired by the possibility of positive change, they approach challenges with optimism
- Seek to express their ideals in tangible ways
- Focused on the bigger picture, they can benefit from breaking tasks into manageable steps
- While driven by ideals, they can grow by balancing their dreams with practical approaches

Motivation and Values

INFPs are moved by a profound desire to make a difference and live authentically. Their motivations are deeply rooted in personal values, ethical beliefs, and a quest for meaning. They aim to contribute positively, often driven by a vision of a world filled with understanding and compassion. Their journey is one of self-discovery, and they constantly seek alignment between their inner world and external actions.

Key behaviours:

- Driven by a deep quest for meaning and purpose
- Value authenticity, understanding, and compassion
- Guided by a moral compass, they prioritise integrity
- Seeking to inspire and uplift, they are beacons of hope and idealism
- While cherishing their inner world, they can enhance their journey by actively engaging in external endeavours